

Turkey Chili in Pepper Shells

Ingredients

2 cups turkey chili (see turkey chili recipe) *

4 red, yellow, orange or green peppers



Makes 4 servings

Prep time: 15 minutes

Cook time: 1 hour, 30 minutes

Preparation

Heat leftover turkey chili in small pot on stove. Wash peppers, remove tops, seeds and inner veins. Stuff peppers with $\frac{1}{2}$ cup of leftover turkey chili. Optional, garnish with fresh cilantro, basil, low fat sour cream, etc., not listed in ingredients), serve with salad greens.

*The turkey chili recipe makes 9 servings, so save rest of it for lunch tomorrow.

Recipe: Everyday Healthy Meals and Sodexo